



TARBOOSH

LEBANESE KITCHEN

Lunch Menu

FULLY LICENSED

BYO Sunday – Thursday Only | Corkage - \$5 per person

Surcharge of 1.5% applies on all card payments
Surcharge of 10% applies on Sundays & Public Holidays



ENQUIRE ABOUT TARBOOSH CATERING

2 Burlington St, Crows Nest NSW 2065 | Ph: 02 8970 1521
Shop 6, 93-95 North Steyne, Manly NSW 2095 | Ph: 02 9185 0999
www.tarboosh.com.au

DIPS & SALADS

Trio Of Dips \$15
Hummus, Baba, Labneh

Quinoa Tabouli Salad \$16
Parsley, tomato, shallots, quinoa tossed with lemon juice & extra virgin olive oil
Add: marinated grilled chicken \$4.50

Fattoush \$18
Lettuce, cabbage, tomato, cucumber, radish, shallots, capsicum, fresh mint, parsley, pomegranate glaze with lemon dressing & crispy bread
Add: marinated grilled chicken \$4.50

Fetta Salad \$19
Lebanese garden salad with mediterranean citrus dressing

MEZZA (small plates)

Cauliflower (GF, V) \$14
Lightly fried cauliflower with tahini

Falafel (4 pcs) (GF, V) \$14
Chickpea croquettes mixed with special herbs & spices with tahini

Batata Coriander (GF, V) \$14
Golden crispy potato cubes tossed with lemon, chilli & coriander

Grilled halloumi (GF, Veg) \$15
Served with tomato, cucumber, extra virgin olive oil & pomegranate sauce

Garlic Prawns \$18
Grilled prawns in tomato, garlic & coriander salsa

Assorted Pastries \$20
Fried kebbe, ladies finger, spinach triangle, falafel, meat sambousek

Kebbe Neyeh \$20
Premium grade raw lean minced lamb with fresh ground wheat, special herbs & spices served with spanish onion, fresh mint & extra virgin olive oil

MIXED PLATES

Tarboosh Mix Plate \$31
Marinated BBQ skewers, chicken breast (1), lamb (1), kafta (1) served with falafel, hummus, baba, tabouli & bread

Kafta \$25
2 minced meat onion parsley skewers served with falafel, hummus, baba, tabouli & bread

Grilled Chicken \$26
2 marinated BBQ chicken breast skewers served with falafel, hummus, garlic dip, tabouli & bread

Lemon Garlic Chicken \$26
Grilled chicken breast tossed in garlic lemon sauce served with falafel, hummus, baba ghannouj, tabouli & bread
Option – Chilli Lemon Garlic

Chicken Shawarma \$26
Grilled chicken shawarma served with falafel, hummus, garlic dip, tabouli & bread

Lamb Shawarma \$26
Grilled lamb shawarma served with falafel, hummus, garlic dip, tabouli & bread

Vegetarian Mix \$24
Spinach triangle, falafel, cauliflower, hummus, garlic dip, tabouli & bread

FROM THE SEA

Grilled Barramundi \$29
Served w/ chips and fattoush salad

Garlic Prawns with Rice (GF, D) \$28
Sauteed in a pan with special Tarboosh relish served with basmati rice

Seafood Basket \$28
Tempura battered fish fillet, crumbed prawn cutlet, calamari rings, battered seafood bites, scallops served with fries and tartare sauce

Grilled Octopus Salad \$29
Succulent chargrilled octopus marinated in a pomegranate & citrus dressing served on a lebanese garden salad

WRAPS COMBO \$23
Served w/ Chips or Salad and a can of soft drink
(\$2 extra for modifications)

Housemade Falafel
with tomato, cucumber, mint, pickles, parsley, tahini

Zaatar Halloumi
Grilled halloumi, lettuce, tomato, cucumber, mint, zaatar, pomegranate sauce

Cauliflower
Fried cauliflower, lettuce, tomato, cucumber, parsley, pickles, tahini

Kafta
Grilled spiced lamb mince skewer with lettuce, tomato, parsley, pickles, garlic

Chicken Shawarma
BBQ'd chicken strips in special Tarboosh marinade with lettuce, tomato, pickles & garlic sauce

Lamb Shawarma
BBQ'd lamb strips in special Tarboosh marinade, lettuce, tomato, pickles, grilled onion, tahini sauce

Chicken Skewer
BBQ chicken breast cubes marinated with special Tarboosh herbs/spices with lettuce, tomato, pickles & garlic sauce



Lamb Shawarma

BANQUETS (min 2 ppl)
Vegetarian Banquet \$40pp

Cold Mezza – hummus, baba ghannouj, fattoush

Hot Mezza – falafel, batata coriander

Main – mujadara (cooked rice, lentils & caramelised onion served with a side of fresh yoghurt)

Tarboosh Banquet \$45pp

Cold Mezza – hummus, baba ghannouj, fattoush

Hot Mezza – falafel, batata coriander

Main – Skewers (kafta, chicken, lamb)

KIDS

Fish cocktail with chips \$15

Chicken nuggets with chips \$15

Chicken skewer with chips \$15

Kafta skewer with chips \$15

SIDES

Hummus (GF, V) \$9
Chickpea blended with tahini & lemon

Baba Ghannouj (GF, Veg) \$9
Smoked chargrilled eggplant blended with tahini & lemon

Labneh (GF, Veg) \$9
Fresh homemade yoghurt with dried mint & fresh garlic

Garlic (GF, Veg) \$9
Blended garlic with olive oil

Basmati Rice \$7

Rice with Spicy Minced Meat \$8

Seasoned fries with tomato sauce \$10

Sweet potato fries with chilli dukkah \$11

Mixed Pickles \$12

Bread Basket \$3.5



Octopus Salad



Fattoush

All food may contain traces of allergens